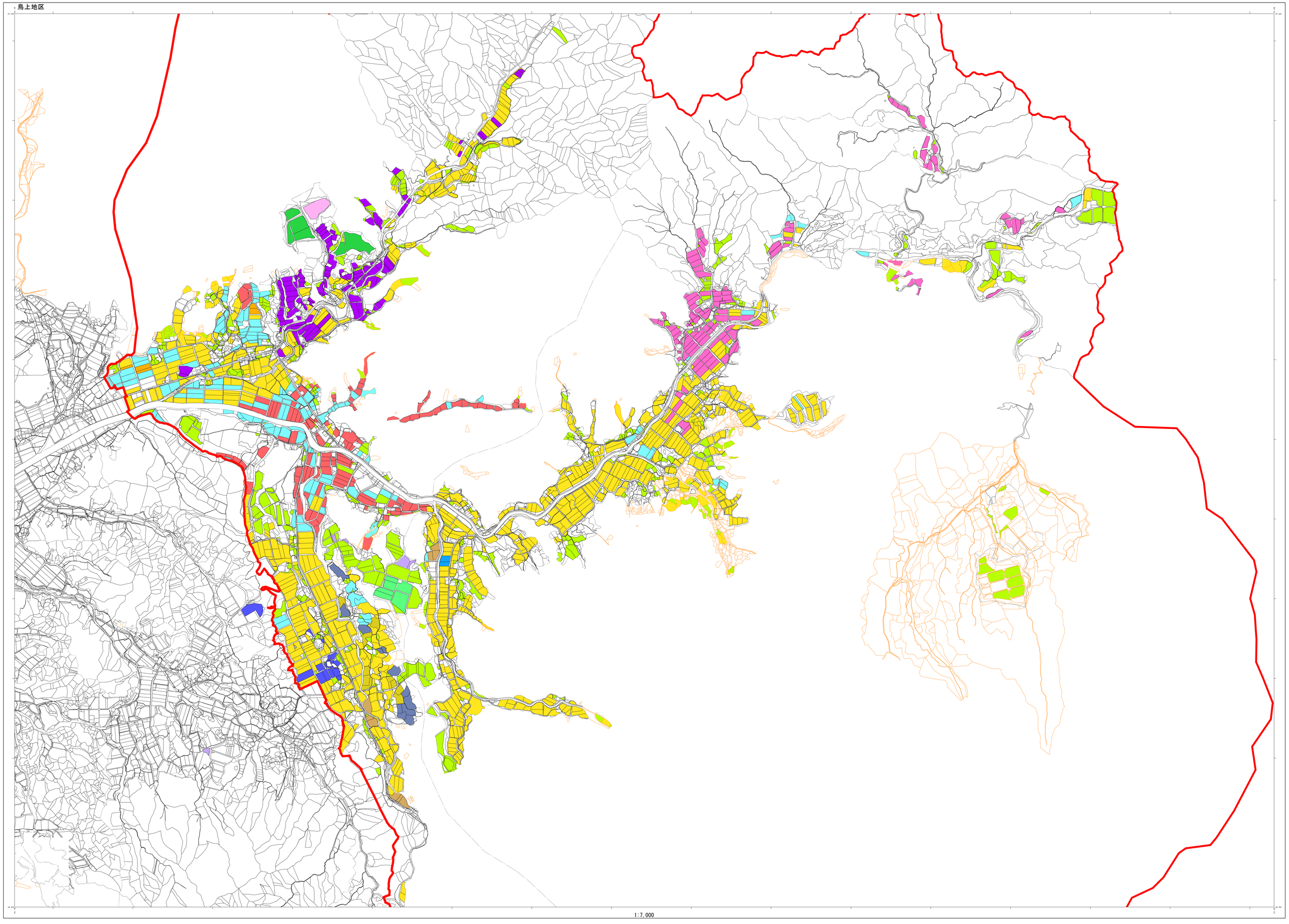鳥上地区